SRBX SAFETY EXPO

March 28-29 2018 | Cosumnes River College

SAFETY, LEADERSHIP DEVELOPMENT AND CONSTRUCTION EQUIPMENT TRAINING EVENT

- KEYNOTE SPEAKER
 Fire Chief Dale Carnes
 - Expanded Course Schedule
 - Live Demonstrations
 - Dynamic Trade Show

REGISTRATION GUIDE

THINKSAFE
WORKSAFE
HOMESAFE

Celebrating

10 Years

NO LOST TIME INJURIES



Our purpose is simple:

We build to improve lives.



SRBX SAFETY EXPO **2018 REGISTRATION GUIDE**

THE SRBX SAFETY COUNCIL IS PLEASED TO WELCOME YOU TO THE 2018 SAFETY EXPO. We are in our 14th year and could not be happier with the incredible line up of classes.

The SRBX Safety Expo offers everyone, regardless of their company size, equal access to a diverse selection of valuable, high quality training at the fraction of the usual cost. Just a small sampling of classes; confined space, electrical standards, fall protection, scaffolding, trenching/excavation and OSHA 10 Hour.

We are thrilled to present Chief Dale Carnes, as our keynote speaker. His exciting 32 year career and life experiences make this keynote one not to be missed.

This two day safety, leadership and construction equipment training event which offers over 60 classes is made possible by the generous time and commitment made by our instructors and sponsors.

As you browse through the registration brochure you will find there is something for everyone!



2017 SRBX Safety Council (left to right): Tim Murphy, Mike Donlon, Damon Conklin, Pat Naeves, Tara Brennan, Dana Lahargoue, Bruce Anderson, Rudy Schroeder, and Dave Simpson

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2018 EXPO CONTACTS

THE SAFETY EXPO IS A PROGRAM OF THE SACRAMENTO REGIONAL **BUILDERS EXCHANGE. For questions regarding registration and** courses, or for further information on advertising, exhibiting and sponsorship opportunities, please contact:

TARA BRENNAN, MEMBER SERVICES DIRECTOR Email: tbrennan@srbx.org | Phone: 916.465.8342

LUCY FELTMAN, MEMBER SERVICES ASSOCIATE Email: Ifeltman@srbx.org | Phone: 916.465.8344

All exhibitor, sponsorship, and registration materials are available online at SRBX.ORG/EXPO

5370 Elvas Avenue | Sacramento, CA 95819 Phone: 916.442.8991 | Fax: 916.446.3117

srbx.org | #HEREWEBUILD

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SRBX SAFETY EXPO **GENERAL INFORMATION**

LOCATION AND PARKING

LOCATION: Cosumnes River College (CRC)

The Winn Center

8401 Center Parkway, Sacramento, CA 95823

ON-SITE PARKING:

Complimentary to all Expo attendees in the parking structure located on the East side of the campus. Enter from Bruceville Road.

ACCOMMODATIONS

FAIRFIELD INN & SUITES BY MARRIOTT

8058 Orchard Loop Lane | Elk Grove, CA 95624

Reservations: 916.681.5400

SPECIAL EXPO GROUP RATES:

Standard King/Double (Per night, include breakfast)\$95

Reservation Deadline: March 11, 2018

*Please note that reservations must be made under "Safety Expo" prior to the deadline stated above in order to ensure the special group rate.

ADVERTISING, EXHIBITING AND SPONSORSHIP OPPORTUNITIES

BE SEEN AS A SUPPORTER OF SAFETY IN OUR INDUSTRY.

- Our Trade Show is attended by over 600 Safety Expo attendees and industry professionals. Exhibitor booths are available for \$300 (includes lunch.)
- Sponsorship packages and advertising opportunities also available.

Contact us for more information:

TARA BRENNAN, MEMBER SERVICES DIRECTOR Email: tbrennan@srbx.org | Phone: 916.465.8342

LUCY FELTMAN, MEMBER SERVICES ASSOCIATE Email: Ifeltman@srbx.org | Phone: 916.465.8344

SCHEDULE AT A GLANCE

TUESDAY, MARCH 27, 2018

Large Equipment Set-up (Designated Areas) 1:00 pm - 5:00 pm Exhibitors set-up (The Winn Center)......1:00 pm - 4:00 pm

WEDNESDAY, MARCH 28, 2018

Registration	7:00 am - 4:00 pm
Education/Training Courses	7:00 am - 5:00 pm
Lunch	11:00 am - 1:30 pm
Exhibitor Trade Show (The Winn Center).	7:00 am - 1:00 pm

THURSDAY, MARCH 29, 2018

Registration	7:00 am - 4:00 pm
Education/Training Courses	7:00 am - 5:00 pm
Lunch	. 11:00 am - 1:30 pm
Exhibitor Trade Show (The Winn Center)	7:00 am - 1:00 pm



Schedule is subject to change without notice. For the most up-to-date information, please visit **SRBX.org/EXPO**.

SPECIAL THANKS TO OUR FOOD TRUCKS







2018 EXPO KEYNOTE SPEAKER:

FIRE CHIEF DALE CARNES

Fire Chief Dale Carnes has been a professional firefighter for 32 years. Prior to taking command of the Sacramento County Airport Fire Department in 2017, Chief Carnes worked for the City of Vancouver Fire & Rescue, the City of Las Vegas Fire & Rescue, the San Francisco Fire Department, and the Cosumnes Fire Department in Elk Grove, California. During his career, Chief Carnes has responded to major incidents such as the San Bruno gas pipeline explosion in 2010, the Asiana 214 crash in 2013, and the Elk Grove floods in 2016. Chief Carnes holds a Master's Degree in Public Administration and is a licensed Paramedic, certified Hazardous Materials Specialist and rescue technician.

HERE'S A SNEAK PEEK AT WHAT HIS KEYNOTE PRESENTATION WILL INCLUDE:

- The Unpredictable Nature of Emergencies
- The Reality of Seminal Events
- The Value of Quality Training
- Q & A Session

We are thrilled to have Chief Carnes kick off these two incredible days of training and education by sharing his life experience and "Lessons Learned."





Proud sponsor of the Safety Expo since 2006

Collective Bargaining, Labor Relations, Safety Education and Governmental Advocacy for the Unionized Building Industry.

2175 N. California Blvd., Suite 420 Walnut Creek, CA 94596 P: 925.930.8184 F: 925.930.9014

3800 Watt Avenue, Suite 215 Sacramento, CA 95821 P: 916.978.8510 F: 916.978.8505



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SRBX SAFETY EXPO 2018 COURSE LISTINGS

NOTE: The 2018 course quide is accurate as of publication date. Please visit SRBX.org/EXPO to view our current schedule and to complete easy, online registration.

2018 SAFETY EXPO KEYNOTE SPEAKER



"You'll Never Believe What Happened at Work Today. . ."

Dale Carnes, Sacramento County Airport Fire Department

Fire Chief Dale Carnes is our featured keynote speaker. He has responded to major incidents such as the San Bruno gas pipeline explosion in 2010, the Asiana 214 crash in 2013, and the Elk Grove floods in 2016. During this interactive presentation, he will cover the unpredictable nature of emergencies, the reality of seminal events, and the value of quality training.

○ 101: Wednesday, March 28: 8:30 am — 10:00 am

COMPLIANCE AND CERTIFICATION



*Additional fee of \$35 per course applies.

Asbestos Awareness

Herminio Trujillo and Pete Roddy, Environmental Safety Training Professionals

What is asbestos, where is it found, how do you identify its hazards, how do you protect yourself? This class covers it all.

○ 102: Thursday, March 29: 10:15 am - 12:15 pm

Asbestos, Lead Base Paint, Mold & Disaster Management Planning Course

Anthony Belcher and Boonmee (Ruby) Khanthalee, WesTech Environmental

Students will learn to identify asbestos, mold and lead before they begin renovation or demolition. The course will inform attendees on asbestos survey testing and different Air Quality Districts in your county. Students will receive a certificate for attending. *Limited class capacity*.

○ 103: Wednesday, March 28: 8 am – 12 pm

Basic Plus Adult CPR Training

Danny Benedetto and Greg Landin, Rescue Training Institute

Learn Medic First Aids' adult CPR, AED (automatic external defibrillator) use and first aid administration. This program will help employees meet OSHA and other

federal and state requirements for training employees how to respond and care for medical emergencies at work. *Limited class capacity*.

○ 104: Wednesday, March 28: 7:30 am- 12 pm
 ○ 105: Wednesday, March 28: 12:30 pm - 5 pm
 ○ 106: Thursday, March 29: 7:30 am- 12 pm
 ○ 107: Thursday, March 29: 12:30 pm - 5 pm

Construction OSHA 10-Hour Course (Federal)

Joel Flowers, NMI Industrial Holdings, Inc.

This OSHA 10-Hour Construction Industry Certification is intended to provide an entry-level construction worker with general awareness on best safety practices, interpretation of regulations, and preventing hazards on a construction site. *Limited class capacity.*

○ 108A: Part I - Wednesday, March 28: 7 am — 12:30 pm (Part II concludes on Thursday, March 29)

○ 108B: Part II - Thursday, March 29: 7 am — 12:30 pm (Conclusion)

Frame Scaffold User Hazard Awareness

(First two hours of Competent Person Training, below)

David Johnson, Skyline Scaffold, Inc.

This two-hour session is the first part of "Frame Type Scaffolding Competent Person Training" and covers scaffold hazards, their mitigation and completes the requirement for scaffold user hazard awareness. If you are not completing the full course for Competent Person Training, you may still take this two-hour session.

○ 109: Thursday, March 29: 8 am – 10 am

Frame Type Scaffolding Competent Person Training

(First two hours is Frame Scaffold User Hazard Awareness, above)

David Johnson, Skyline Scaffold, Inc.

This is a Scaffold Industry Association (SIA) training class. Certification cards will be issue post-Expo. *Limited class capacity*.

○ 110: Thursday, March 29: 8 am – 5 pm

OSHA 10-Hour Course for the Construction Industry

Greg Tate, Swinerton Builders

OSHA construction standards; best safety practices; interpretation of regulations and value of safety.

○ 111A: Part I - Wednesday, March 28: 7 am — 12:30 pm (Part II concludes on Thursday, March 29)

○ 111B: Part II - Thursday, March 29: 7 am - 12:30 pm (Conclusion)

COMPLIANCE, CONTINUED

Trenching and Excavation Competent Person

Kent Freeman, California Health & Rescue Training

This course provides didactic instruction in the hazards of trenching, safe work practices, protective systems for trenching, classifying soil, interpreting tabulated data sheets, identification of underground utility markings and reporting criteria, as well as information on atmospheric monitoring. A certification card will be issued post-Expo. This is an 8 hour course which includes a break for lunch from 12 pm - 1 pm.

O 112: Wednesday, March 28: 8 am - 12 pm & 1 pm - 4 pm

EQUIPMENT TRAINING AND CERTIFICATION



*Additional fee of \$35 per course applies.

Aerial Work Platform (AWP) Boom-lift or **Scissor Lift Certification**

Steven lbbs, Sunbelt Rentals

Session is 6-8 hours in duration and includes book work and hands-on verification. Bookwork portion for both types of equipment are combined. Hands-on verification is limited to only one piece of equipment at time of the Safety Expo. Expo pricing or receipt must be presented at time of hands-on verification. Attendees must be in class no later than 7:20 am. \$35 first piece of equipment: \$15 for additional equipment certification on same day; time permitting. Limited class capacity.

O 113: Wednesday, March 28: 7:30 am - 5 pm

Please select one on the registration form:

○ 113A: AWP: Aerial Work Platform OR ○ 113B: SL: AWP Scissor Lift

Forklift 4 and 6 * or Rough Terrain Forklift Class 7** Certification

Steven lbbs, Sunbelt Rentals

Session is 6-8 hours in duration and includes book work and hands on verification. Class 200 and Class 201 book work portion of the program is combined. Hands-on verification is limited to only one piece of equipment at the time of Safety Expo. Safety Expo pricing or receipt must be presented at time of hands-on verification. *Class 4 & 6 are fixed mast industrial forklifts. ** Class 7 is all-terrain, non-fixed mast - Extendable Reach Forklift | Gradall | Skytrak, etc. Attendees must be in class no later than 7:20 am. \$35 first piece of equipment; \$15 for additional equipment certification on same day; time permitting. Limited class capacity.

Thursday, March 29: 7:30 am - 5 pm *Please select one on the registration form:*

○ 114A: FRKL: 4/6 Fixed Mast OR ○ 114B: FRKL7: All-terrain



REGISTER ONLINE!

VISIT SRBX.org/EXPO TO GET STARTED.



GENERAL INDUSTRY/ CONSTRUCTION SAFETY



Active Shooter: Mitigating Threats and Injury to You and Your Family

Fidel Taylor, Spartan Self Defense

This discussion will include mindset, situational awareness, getting off the "X," tactical pause, using cover and concealment, use of Individual First Aid Kits (IFAKs), and how to respond to law enforcement response.

O 115: Wednesday, March 28: 1 pm - 3 pm

O 116: Thursday, March 29: 8 am - 10 am

Basic Crane Safety

Mario Bermudez, Maxim Crane Works

Crane operations carry the greatest potential for disaster than any other activity on the project. Crane accidents in construction are often the costliest when measured in either lives or dollars. The significant number of accidents associated with the use of cranes in construction and the considerable technological advances in equipment have prompted OSHA to revise the Crane Standard. Learn about the new crane standard and how it will affect operations on your job site. More importantly, learn how you can conduct safe and efficient operations without injuries, property damage, delays or cost overruns. Attendees will learn to identify the basic components of a crane; listing all the important steps to prepare the job site for the crane's arrival and overall safe crane operations.

○ 117: Wednesday, March 28: 8 am – 10 am

○ 118: Thursday, March 29: 10:15 am – 12:15 pm

Basic Rigging: Use & Inspection of Rigging for Overhead Lifting

Art Stanley and Mary Bemyer, West Coast Wire Rope & Rigging, Inc.

This class is intended for those whose duties require knowledge of use and inspection criteria of basic rigging used for overhead lifting. All class content is based on industry and OSHA standards for us and inspection of rigging gear. Handouts and training certificates provided.

○ 119: Wednesday, March 28: 10:15 am − 12:15 pm

Cal/OSHA Fall Protection

Tommy Lee, Tomkat Safety

As defined by OSHA and ANSI regulations, an Authorized Person is simply a worker on a jobsite who will be exposed to existing and potential fall hazards. Our Fall Protection Awareness class is geared to familiarize these workers with the dangers of fall hazards, as well as the proper adornment, use, care, and maintenance of fall protection equipment.

All workers at a construction site can benefit from Fall Protection Awareness training. When working in an industry where even the smallest error has the potential for significant injury and/or death, it is important that everyone be knowledgeable in the best and most current safety regulations. The highly trained and experienced instructor we have is committed to maximizing worker safety, and can help all workers learn to better protect themselves.

Upon completion of this course students will be able to demonstrate knowledge of the following topics:

- Fundamentals of fall protection
- Why use fall protection
- Proper selection of fall protection
- Inspecting fall protection
- Harness fitting
- Donning of fall protection
- Connector compatibility

○ 120: Wednesday, March 28: 1 pm - 3 pm

Confined Space – Entry Rescue

Rudy Schroeder, Western Safety Institute, Inc.

This DEMO includes information included in the Awareness and Confined Space Entry / Non-Entry Rescue program with additional didactic information regarding tactical priorities of confined space rescue, respiratory protective system options and requirements, and additional case histories of previous entry rescues. Additional manipulative training includes improvised harnesses, techniques for moving victims both vertically and horizontally, improvised high point anchors, retrieval lines, optional mechanical advantage systems, ventilation procedures, communications options, additional atmospheric monitoring strategies, and use of entry permits, respiratory protection options and procedures for entry as well as rescue operations. This program provides all the information needed to comply with the minimum training requirements of an attendant, authorized entrant, entry supervisor and rescuer.

Upon completion of this DEMO students will be able to have SOME BASIC knowledge of the following topics:

- · Personnel requirements and duties
- Assessment of spaces for controlling hazards
- · Atmospheric monitoring and lock-out/tag-out procedures
- · Training on manufactured high point anchors
- Ventilation procedures, atmospheric monitor and procedures for non-entry rescue
- Techniques of moving victims both vertically and horizontally
- Knowledge of improvised high anchor points, retrieval lines and mechanical advantage systems
- Use of entry permits, respiratory protection options and entry/rescue operation and procedures

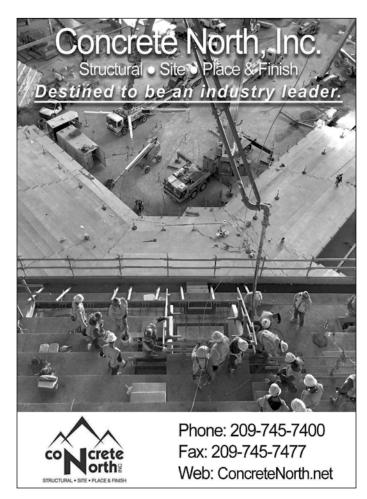
○ 121: Thursday, March 29: 10 am − 12 pm (Demo from 12 pm − 1 pm)

Confined Space Competent Person for the Construction Industry

Kent Freeman, California Health & Rescue Training

This course provides instruction on the recently adopted permit required confined space regulations for the construction industry (title 8 article 37 sections 1950-1962.) Topics include identifying confined spaces and permit required confined spaces, program requirements, training requirements, entry permits and the permitting process, position requirements as well as rescue and emergency service requirements. Participants will understand minimum mandatory components of this regulation.

○ 122: Thursday, March 29: 8 am – 4 pm



GENERAL INDUSTRY, CONTINUED

Creating or Improving an Effective Employee Defensive **Driving Program**

Greg Cupper, Eco Fleet Training Solutions

Are your drivers properly trained in defensive driving strategies? Are you offering training to help drivers minimize risk? This session will help you develop a best practices employee defensive driving program to help you minimize exposure and liability for your organization. We will cover how to develop a comprehensive program using recommendations by NETS — the Network of Employers for Traffic Safety – a non-profit group that has developed guidelines for employee safe driving programs.

○ 123: Thursday, March 29: 1 pm – 3 pm

Distracted/DUI Driving

Officer Rafael Cervantez, California Highway Patrol

This course will cover distracted driving as well as the dangers of impaired driving through a mix of formal and hands-on instruction.

O 124: Wednesday, March 28: 1 pm - 3 pm **O** 125: Thursday, March 29: 8 am - 10 am

Down in Five to Stay Alive: Rescue from Fall Arrest

Rudy Schroeder, Western Safety Institute, Inc. & Tommy Lee, Tomkat Safety

OSHA regulations state that the employer must provide for "Prompt rescue" of employees. In the general sense of the word "Prompt" means, fast, hurry, A.S.A.P. But here the word "Prompt" means before additional trauma occurs due to hanging in Fall Arrest. ANSI states that Suspension Trauma can happen in as little as 5 minutes.

ANSI states that a Competent Person must design and implement a site-specific rescue plan prior to any work being performed that requires the use of a personal fall arrest system (PFAS). This plan must anticipate falls from all existing and predictable fall hazards, and must provide for the prompt rescue of the fallen worker. Ensuring that a person or multiple people are authorized to perform rescues is consequently a key component of this plan.

The Safety Rescue from Fall Arrest class is designed to train students in the prompt, safe, and effective rescue of a fallen worker. Our highly trained and experienced instructor will utilize numerous equipment combinations, techniques, and scenarios to provide students not only with a sound foundation of knowledge, but also hands-on practice in performing rescues.

Upon completion of this course students will be able to demonstrate knowledge of the following topics:

- · Selection, inspection, maintenance and storage of rescue equipment
- · Various types of 'hands-on' rescue techniques
- · Authorized rescuers' duties and responsibilities

Wednesday, March 28: 10 am − 1 pm (Demo from 12 pm − 1 pm)

Electrical Safety for Construction Workers

Michael Donlon, California Department of Water Resources

Everyone knows electricians have to be aware of shock, electrocution, and arc flash hazards but what about the rest of us? We all use and work around electricity every

day. Learn about common electrical hazards found on construction sites and how to protect yourself and your coworkers.

→ 127: Thursday, March 29: 1 pm – 3pm

Fire Safety for Safety Professionals

BJ Foster, Independent Consultant

This course will help Safety Professionals to understand, appreciate, and participate in fire safety, fire prevention, and fire suppression in a way that will be mutually beneficial to both groups, enhance the building and permitting process to both new buildings and processes, assist clients in the permitting process and improve overall safety, and building relationships with local fire departments to assist them in the plan review and approval process.

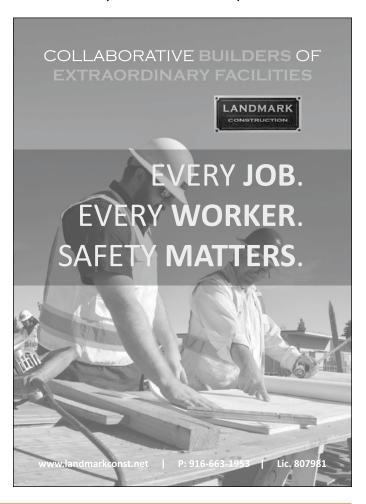
O 128: Wednesday, March 28: 8 am - 10 am **O** 129: Thursday, March 29: 1 pm - 3 pm

Heat Illness: How It Really Happens

John McCoy, Lakeview Professional Services

This unorthodox approach to the important subject of Heat Illness will have you reading drink labels, carrying a baked potato in your lunch pail, giving up your daily Monster or Red Bull. We'll review the important elements in an emergency plan for a heat illness injury. Being aware of the Cal/OSHA regulations is just part of your responsibility to your workers. You must educate them also. This is your handy reference to innovative Heat Illness Training.

Wednesday, March 28: 10:15 am - 12:15 pm



How to Survive an OSHA Inspection

Paul A. Andersen, OSHA Compliance Services, LLC.

Are you organized and compliant or unprepared and complacent? It is a fact that all businesses that operate within the state of California must comply with Cal/OSHA Regulations. And, while Cal/OSHA visits construction sites, cabinet shops, machine shops and manufacturing facilities on a regular basis, many other types of business are subject to be inspected and cited if not in compliance

During this presentation, you will learn the following on how you should prepare for a Cal/OSHA Inspection:

- What triggers an OSHA Inspection
- · The inspection process
- Methods and means to be in compliance and prepared for an OSHA Inspection
- Required written programs and documents specific to your business
- · Your rights and obligations
- Multi-employer work sites
- · Citations, Abatement and Appeals

○ 131: Thursday, March 29: 8 am – 10 am

Introduction to Traffic Control Flagging: Interactive, Hands On

Jerry Bach, The Safety Center

This flagger interactive course provides flaggers with the basic knowledge, information, and awareness to perform their jobs safely. Because flaggers are not responsible for public safety and make the greatest number of contacts with the public of all highway or construction workers, they should be trained in safe traffic control practices and public contact techniques. This course offers hands-on and interactive training with moving vehicles and real life simulations following the classroom bookwork.

○ 132: Wednesday, March 28: 1 pm – 3pm

Ladder Safety

Andy Bull, CH Bull Company

When you think of ladders and ladder safety you might say to yourself, this is a simple tool I have used all my life, what could possibly go wrong? Let's start with serious injuries or death. There are hundreds killed and more than 100,000 injured every year using ladders. We will talk about the acronym CLIMB when talking about ladder safety. Choose the right ladder, Look at and inspect the ladder, Insure a safe ladder set up, Move safely with and on the ladder, and last Be a ladder safety expert. There will be many ladders used in the class to demonstrate different aspects of ladder safety.

133: Wednesday, March 28: 1 pm – 3 pm
 134: Thursday, March 29: 8 am – 10 am

Living the ZERO Injury Journey: One Company's Relentless Pursuit to Achieve ZERO

Audra Owens, Clark Pacific

Achieving ZERO injuries is a mindset that starts with believing it's possible. When you believe ZERO is possible, the conversations, decisions, processes, procedures and training switches from compliance driven safety to it's all about the protection

of each person's ONE life. The formula to success on the ZERO injury journey is complex and there is no one solution that fits everyone. Learn how one California construction company has proactively approached this journey through strategic planning designed to prevent injuries and how you can set, lead and live your ZERO injury journey too.

○ 135: Wednesday, March 28: 10:15 am – 12:15 pm

Lockout/Tagout in Construction

Michael Donlon, California Department of Water Resources

Does Lockout/Tagout apply in construction? YES! Find out what types require lockout/tagout procedures, how to protect your employees, and avoid citations.

○ 136: Wednesday, March 28: 1 pm – 3 pm

○ 137: Thursday, March 29: 10:15 am - 12:15 pm

Occupational Exposures to Respirable Crystalline Silica (RCS) - T8 CCR 1532.3

Richard DaRosa, Independent Consultant

The presentation will cover regulatory history of the standard; types of silica; health effects of RCS; standard requirements; best methods to control the dust (water, ventilation, enclosures, respirators); what must we convey to employees (communication of hazards); and what records do we need to keep.

○ 138: Wednesday, March 28: 8 am – 10 am

Oroville Spillway: Safety Challenges and Commitment

Michael Donlon, California Department of Water Resources

A steady barrage of storms in early 2017 resulted in serious damage to the Lake Oroville spillways. The emergency response and reconstruction efforts posted many serious safety challenges. Learn how a commitment to safety, the Incident Command System, planning and hard work kept workers safe from the countless hazards encountered.

○ 139: Thursday, March 29: 8 am – 10 am

Prevention and Response to an Active Shooter

Hector Alvarez, Alvarez Associates LLC

This course is specifically designed for everyday people who want to better understand how to protect themselves from violence at the office out in the field, or anyplace in between. The program is broken down into three parts. First, we teach you to understand what motivates criminals, so you can avoid violence all together. Second, we give you tips and strategies to make yourself an unattractive target. Finally, we introduce you to our M.O.V.E.™ program. This powerfully simple strategy can help you survive all types of violence by giving you the knowledge and confidence to overcome violent situations.

→ 140: Thursday, March 29: 1 pm – 3 pm

Silica Dust Workshop: Solving the Silica Dust Puzzle

Dave Simpson, Unger Construction

This course will cover the 5 W's in detail. Who is affected, what the new regulation requires, where the regulation applies, why the regulation changed, when the regulation takes effect and how to comply accordingly. Attendees will exit the workshop aware and prepared to be in compliance.

○ 141: Wednesday, March 28: 8 am − 10 am

○ 142: Thursday, March 29: 8 am – 10 am

GENERAL INDUSTRY, CONTINUED

The Scaffold Guys Just Left, Now What? (Job Site Scaffold Maintenance)

David Johnson, Skyline Scaffold, Inc.

Your scaffold company just left and you now have a scaffold that you are responsible for maintaining. This session covers the do's and don'ts of jobsite scaffold maintenance along with what you should expect from your scaffold company, common hazards, mistakes, and what to do if you have a scaffold incident.

Wednesday, March 28: 10:15 am - 12:15 pm

What Employers Must Know About Decriminalized Marijuana

Jeff Hastings, ARCpoint Labs

Prepare your company for decriminalized marijuana. Know your rights as an employer. Learn the 10 myths about marijuana. Keep your drug free workplace program SAFE.

○ 144: Wednesday, March 28: 8 am – 10 am

What to Expect When Cal/OSHA Shows Up

Michael Donlon, California Department of Water Resources

Cal/OSHA inspections can be intimidating and stressful. Knowing what to expect during the inspection can reduce stress and result in a better outcome.

○ 145: Wednesday, March 28: 8 am – 10 am

LEADERSHIP DEVELOPMENT



Anatomy & Ergonomics

Dr. Mark Vettranio, Task Group International

Dr. Mark will start with a basic anatomy class that will provide the foundation of the class. The attendee will have an understanding of how and why soft tissue injuries occur. They will learn why the first step in a successful ergonomic process requires employee empowerment and why a personal evaluation, and expert and products are not the first step.

○ 146: Wednesday, March 28: 10:15 am – 12:15 pm Thursday, March 29: 10:15 am - 12:15 pm **O** 147:

Avoiding Public Information Officer (PIO) Pitfalls

Tim Murphy, Sacramento Regional Builders Exchange (SRBX)

The Media has shown up, now what? Jobsite incidents usually involve investigations in the hours or days following the accident, but what do you need to know when the media shows up to report? This class will instruct you on the basics in handling the arrival of the press, keeping them from getting underfoot while the scene is secured and how to prepare an appropriate public comment when you don't yet have all the details of what's transpired.

○ 148: Thursday, March 29: 1 pm – 3 pm

Communication and Leadership for a Stronger Safety Culture

Greg Tate, Swinerton Builders

There is no 'Silver Bullet' for success in safety — or is there? This workshop will help you develop necessary leadership and communication skills necessary to develop and maintain a strong safety culture.

○ 149: Wednesday, March 28: 1:30 pm – 3:30 pm

Construction Collection Deadlines, Forms, and Procedures

Bill Porter, Porter Law Group, Inc.

Learn the steps necessary to pursue the construction collection process for both private and public works, from the preliminary notice, to Civil Code releases, mechanics lien, stop payment notice and payment bond claims. Federal Miller Act claims will also be discussed. Forms for all claims will be provided and deadlines described. A detailed manual of forms, instructions, and statutes will be provided. Don't miss this opportunity to arm yourself with the knowledge and tools to protect your right to payment.

→ 150: Thursday, March 29: 8 am – 10 am

Keeping and Maintaining Your Employees' Well-Being

Danielle Gist, California Department of Water Resources

 $In \, today's \, world, managers \, look for \, resources \, that \, encourage \, staff \, to \, reduce \, personal \, reduce \, persona$ stress, increase personal wellness, reduce time loss and increase productivity. This class will explore the benefits of implementing Wellness Programs, Employee Assistance Programs, and Early Return to Work processes. This course is a great follow up to Workers' Compensation 101 (Course 159).

○ 151: Wednesday, March 28: 1 pm – 3 pm **O** 152: Thursday, March 29: 10:15 am — 12:15 pm

Safety Trained Supervisor – Construction (STS-C) **Credential Preparation**

Greg Tate, Swinerton Builders

This course will provide you with information about the benefit of professional accreditation as an STS or STS-C through the Board of Certified Safety Professionals (BCSP) and will prepare you to sit for the STS or SRS-C exam.

○ 153: Thursday, March 29: 1:30 pm – 3:30 pm

SOS: Secrets of Stormwater Success

Mary Larsen, Stormwater Specialists, Inc.

This course will provide an overview of the goals of the California Stormwater Permit, secrets to implementing, and discuss proactive solutions for stormwater compliance – on time and on budget!

○ 154: Wednesday, March 28: 10:15 am – 12:15 pm

The X, Y, and Z's of Leadership: Keys to Advancement

Dave Simpson, Unger Construction and Pat Naeves, Concrete Services

Why some work teams kick butt and others can't find their *** with either hand, understanding team performance dynamics and variables, styles of leadership, how it impacts discretionary effort. The DIRT Concept doing it right this time. Time management, understanding that moving from a task from the "B" list to the "C" list does not create more time. This is a four hour course with a break for lunch from 12:15 pm until 1 pm.

O 155: Wednesday, March 28: 10:15 am - 12:15 pm & 1 pm - 3 pm

Thursday, March 29: 10:15 am - 12:15 pm & 1 pm - 3 pm **O** 156:

Worker Safety & Risk Management for Employers 101

Joe Souza, Landmark Construction

Writing a safety plan can seem like a daunting yet necessary task. But once it is written, how do you communicate that plan? Joe will walk you through the process of establishing and communicating a robust safety plan and how proper preventative risk management can save your company thousands in direct and indirect costs.

○ 157: Wednesday, March 28: 10:15 am – 12:15 pm

○ 158: Thursday, March 29: 8 am – 10 am

Workers 'Comp. 101

Brian Laney and Jim Hughes, Epic Brokers

You've heard a lot about the workers' compensation system and how it affects your company's bottom line. Come learn about the basic of workers' compensation, how the system works, what and who is covered, state-specific issues, and pitfalls to avoid. An additional course you would benefit from attending would be Keeping and Maintaining Your Employees' Well Being (Course 151/152).

○ 159: Wednesday, March 28: 10:15 am – 12:15 pm

Workers' Comp. II — Employers School: Understanding, Avoiding, and Mitigating Risk in Workers' Comp.

Clinton Polley Insurance Brokers, Inc. with Medy Beauchane, Law Offices of Mullen & Filippi, LLP & Shannon Love, Shannon Love & Associates, LLC

Work injury claims can have an adverse impact on every aspect of a business, from increased insurance premiums, loss of productivity, and an adverse impact on your perception on safety with your work force.

This course will walk you through the workers' compensation process from an

employer's perspective, outlining tips, tricks and traps common to all employers. You will see examples of best practices for promoting a safe work environment, avoiding less then legitimate claims, and managing your business during the course of a workers' compensation matter.

○ 160: Thursday, March 29: 8 am – 10 am

PUBLIC EQUIPMENT MANAGERS ASSOCIATION

John Deere Hydraulics: Basic Overview and Diagnostics

Mike Pilat, Tom Beck, and Eric Moak, Pape Machinery

This presentation will cover the various hydraulic systems used in John Deere Equipment. Sections will include theory, operations, componentry, schematics, and diagnostics. Q & A time will be available.

161: Wednesday, March 28: 8 am – 10 am
 162: Thursday, March 29: 8 am – 10 am

Natural Gas Review & Insite Basics

Shannon Kelly, Cummins Pacific

Topics of this course will cover Insite work orders, fault code, features, and parameter review. A brief overview of Insite subscription and licensing. Technicians an ask questions on Insite auditing and diagnostic testing. *Additional \$10 course work fee.*

○ 163: Wednesday, March 28: 8 am – 5 pm



SRBX SAFETY EXPO REGISTRATION INFORMATION AND RATES

REGISTRATION AND COMPLIANCE CERTIFICATION FEES

INDIVIDUAL AND GROUP REGISTRATION

Individual Registration Rate	\$ 95
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Group Registration Rate*	\$85

*You must have 10 or more employees from the same company in order to qualify for the group registration rate. Please contact Tara Brennan to receive the group discount code for online registration.

LATE AND ON-SITE REGISTRATION

Individual Late and On-Site Registration Rate......\$ 165 This rate applies to those who register AFTER March 23. Please note that online registration will NOT be available for late and on-site registration.

CERTIFICATION FEES

Minimum of \$35 will apply. These fees help to cover the certification process and/ or materials. Attendees may request a general Certificate of Completion to be distributed electronically (post-event) for all courses completed. Please note that the Certification of Completion is solely intended for proof of attendance and will only be sent by request.

REGISTRATION TERMS AND CONDITIONS

REGISTRATION FEE DEADLINE

To submit your registration, please complete our online registration form at SRBX. org/EXPO. All registration forms that are mailed in MUST be received BY Friday, March 23 to avoid the late registration fee. No exceptions will be made. Please address to:

Sacramento Regional Builders Exchange Attn: Tara Brennan 5370 Elvas Ave Sacramento, CA 95819

DISCLAIMER

If you are 10 minutes or more late to your course, we cannot guarantee admittance. The Expo will not take responsibility for the failure of a presenter who does not show up or cancels their session, in which every effort will be made to place attendees in alternate sessions. Sessions and presenters are subject to change. Please check the courses you plan to attend at SRBX.org/EXPO for updates and scheduling revisions. The Expo does not endorse the products or services of the exhibitors nor does it verify or validate the content of course topics. Please note that no refunds will be given.





PLEASE COMPLETE AND RETURN BOTH SIDES OF THIS FORM - REGISTER ONLINE AT SRBX.org/EXPO

Please visit us online at SRBX.org/EXPO for the most up-to-date course information.

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Please check the courses you plan to attend very carefully to make sure there are no overlapping times. Some classes have limited seating, so please register early for best selection. Sessions are subject to change. Please visit us online at **SRBX.org/EXPO** for the most up-to-date course information. **Attendee Name Attendee Company KEYNOTE SPEAKER** ■ 101 Wed COMPLIANCE AND CERTIFICATION Certification fees: ADD \$35 per course ☐ 102 Thurs ■ 103 Wed ■ 104 Wed ■ 107 Thurs ■ 108A Wed (Part I) ☐ 105 Wed ☐ 106 Thurs ■ 108B Thurs (Part II) ☐ 109 Thurs ☐ 110 Thurs ☐ 111A Wed (Part I) ☐ 111B Thurs (Part II) ☐ 112 Wed **EQUIPMENT TRAINING AND CERTIFICATION** Certification fees: ADD \$35 per course Aerial Work Platform (AWP) Boom-lift or Scissor Lift Certification Session is 6-8 hours in duration and includes book work and hands-on verification. Bookwork portion for both types of equipment are combined. Hands-on verification is limited to only one piece of equipment at time of Safety Expo unless time permits (to be determined at time of event). Safety Expo pricing or receipt must be presented at time of hands-on verification. Attendees must be in class no later than 7:20 am. \$35 first piece of equipment; \$15 for additional equipment certification on same day; time permitting. Limited class capacity. ☐ 113 Wed (all day) **Select one:** 113A: Aerial Work Platform or 113B: Scissor Lift Forklift 4 and 6* or Rough Terrain Forklift Class 7** Certification Session is 6-8 hours in duration and includes book work and hands-on verification. Class 200 and Class 201 book work portion of the program is combined. Handson verification is limited to only one piece of equipment at time of Safety Expo, unless time permits (to be determined at time of event). Safety Expo pricing or receipt must be presented at time of hands-on verification. *Class 4 & 6 are fixed mast industrial forklifts. ** Class 7 is all-terrain, non-fixed mast - Extendable Reach Forklift | Gradall | Skytrak, etc. Attendees must be in class no later than 7:20 am. \$35 first piece of equipment; \$15 for additional equipment certification on same day; time permitting. Limited class capacity. ☐ 114 Wed (all day) **Select one:** 114A: FRKL4/6 Fixed Mast or ☐ 114B: FRKL 7 All Terrain **GENERAL INDUSTRY / CONSTRUCTION SAFETY** ☐ 115 Wed ■ 116 Thurs ■ 117 Wed ☐ 119 Wed ☐ 122 Thurs ■ 118 Thurs ☐ 120 Wed ■ 121 Thurs ☐ 123 Thurs ■ 124 Wed ■ 125 Thurs ☐ 126 Wed ☐ 127 Thurs ■ 128 Wed ■ 129 Thurs ☐ 130 Wed ■ 131 Thurs ☐ 132 Wed ☐ 133 Wed ☐ 134 Thurs ☐ 135 Wed ■ 136 Wed ☐ 137 Thurs ■ 138 Wed ☐ 139 Thurs ☐ 140 Thurs ☐ 142 Thurs ■ 145 Wed ☐ 141 Wed ☐ 143 Wed ■ 144 Wed LEADERSHIP DEVELOPMENT ■ 146 Wed ☐ 147 Thurs ☐ 148 Thurs ☐ 149 Wed ☐ 150 Thurs ☐ 151 Wed ☐ 152 Thurs ■ 153 Thurs ■ 154 Wed ☐ 155 Wed ■ 156 Thurs ☐ 157 Wed ☐ 158 Thurs ■ 160 Thurs ☐ 159 Wed **PUBLIC EQUIPMENT MANAGERS ASSOCIATION (PEMA)**

■ 163 Wed

☐ 161 Wed

☐ 162 Thurs

SRBX SAFETY EXPO 2018 EVENT SPONSORS























YOUR GENEROUS SUPPORT MAKES THE EXPO POSSIBLE

R BX UPCOMING EVENTS

JANUARY

SRBX Board Installation Reception SRBX Education & Events Center

FEBRUARY

SRBX Crab Feed Dante Club

MARCH

SRBX St. Patrick's Day Brewfest -**Presented by NEXT**

CREATE Mentoring Awards Banquet

DoubleTree Hotel

SRBX Statewide Safety Expo Training & Management Conference

Cosumnes River College

APRIL

SRBX Lobby Day State Capitol Building

SRBX Spring Golf Outing

Mather Golf Course

MAY

SRBX Design Build Program

Cosumnes River College

SRBX Education Foundation Clay Shoot

Camanche Hills Hunting Preserve

JULY

CREATE Mentoring Summer Camp

Sacramento State University

SRBX Summer BBQ

TBD

AUGUST

SRBX Education Foucation Charity Golf Classic

Catta Verdera Country Club

SEPTEMBER

Brew Bikes

Downtown Sacramento

Speaker Series

TBD

Construction & Trades Career Awareness Day

Raley Field

OCTOBER

SRBX Oktoberfest

TBD

DECEMBER

Contractors Caring for Kids

SRBX Education & Events Center

*Dates and locations subject to change

VISIT **WWW.SRBX.ORG** FOR MORE DETAILS ON EVENT REGISTRATION AND SPONSORSHIP OPPORTUNITIES









SRBX SAFETY EXPO

March 28-29 2018 | Cosumnes River College

2018 REGISTRATION GUIDE



At Sunbelt Rentals we realize that the cost of safety is much less than the price of accidents and injury. We've adopted safety as a value by which to run our business. A safe company is a profitable company. Let Sunbelt Rentals help you build a culture of safety that pays you not only in loyal employees but profits as well.

Sunbelt Rentals Safety Training Department offers a wide range of programs, courses and consulting services to help you keep focused on the job at hand.



Contact Steven Ibbs:

916-870-2305

Sacramento

916-372-2555